

POOL SCHEDULE

Sept 24- Sept 30

| Time | Monday <i>25-Sep</i> | Tuesday <i>26-Sep</i> | Wednesday <i>27-Sep</i> | Thursday <i>28-Sep</i> | Friday <i>29-Sep</i> |
|---|--|---------------------------------------|--|----------------------------|--|
| 5:00 - 7:00am | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking |
| 7:00- 9:00am | Masters Swim (7-8am)/ Lap Swim/ Water Walking | Lap Swim/ Water Walking | Masters Swim (7-8am)/ Lap Swim/ Water Walking | Lap Swim/ Water Walking | Masters Swim (7-8am)/ Lap Swim/ Water Walking |
| 9:00-10:00am | Aqua Fitness (9:05- 9:55am) | Lap Swim/ Water Walking | Aqua Fitness (9:05- 9:55am) | Lap Swim/ Water Walking | Aqua Fitness (9:05- 9:55am) |
| 10:00-12:00pm | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking |
| 12:00- 1:00pm | Lap Swim / Private Swim Lessons | Lap Swim / Private Swim Lessons | Lap Swim / Private Swim Lessons | School Programs | School Programs |
| 1:30-3:00pm | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking | Lap Swim/ Water Walking |
| 3:00 - 4:00 pm | Water Polo Practice | Water Polo Practice | Water Polo Game | Water Polo Game | Water Polo Practice |
| 4:00-5:00pm | Water Polo Practice | Water Polo Practice | Water Polo Game | Water Polo Game | Water Polo Practice |
| 5:00-6:05pm | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons | Swim Lessons |
| 6:05-8:00pm | RACE | RACE | RACE | RACE | RACE |
| Sunday Swim Schedule (Sept 24) | | | Saturday Swim Schedule (Sept 30) | | |
| 10:00-12:30p | | | 8:45a-10:45a | RACE Practice | |
| 1:00 - 3:30p | | | 11:00a-1:00p | Water Polo Games | |
| 3:30 - 5:30p | | | 1:00p - 3:00p | Recreation Swim | |
| Lap swim and Water Walking lanes may vary depending on attendance number | | | 3:10p - 5:00p | Lap Swim/ Water Walking | |
| | | | 5:30p - 7:30p | Pool Rentals | |
| Notes: | | | | | |

**Please note changes to the pool schedule, highlighted in grey **