

POOL SCHEDULE

Aug 4 - Aug 10

Time	Monday 5-Aug	Tuesday 6-Aug	Wednesday 7-Aug	Thursday 8-Aug	Friday 9-Aug
5:00 - 7:00a	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking
7:00 - 9:00a	Masters Swim (7-8am)/ Lap Swim/ Water Walking	Lap Swim/ Water Walking	Masters Swim (7-8am)/ Lap Swim/ Water Walking	Lap Swim/ Water Walking	Masters Swim (7-8am)/ Lap Swim/ Water Walking
9:00 - 9:55a	Aqua Fitness (9:05- 9:55am)	Lap Swim/ Water Walking	Aqua Fitness (9:05- 9:55am)	Lap Swim/ Water Walking	Aqua Fitness (9:05- 9:55am)
10:00a - 11:05a	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:15a - 12:55p	Recreation Swim	Recreation Swim	Recreation Swim	Recreation Swim	Recreation Swim (11:10am- 1:55pm on Fridays)
1:00pm-2:00pm	Lap/WW	Lap/WW	Lap/WW	Lap/WW	
2:00 - 5:00p	RACE	RACE	RACE	RACE	RACE
5:00 - 6:05p	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
6:10 - 7:40p	Recreation Swim	Recreation Swim	Aqua Fitness	Recreation Swim	Recreation Swim
7:45p - 9:00p	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking	Lap Swim/ Water Walking
Sunday Swim Schedule (Aug 4)			Saturday Swim Schedule (Aug 10)		
10:00a-12:00p	Pool Rentals		8:15a-10:45a	RACE Practice	
12:00p - 1:00p	Lap Swim/ Water Walking		11:00a-1:00p	Pool Rentals	
1:00p - 3:15p	Recreation Swim		1:00p - 3:00p	Recreation Swim	
3:30 - 5:30p	Pool Rentals		3:10p - 5:00p	Lap Swim/ Water Walking	
Lap swim and Water Walking lanes may vary depending on attendance number			5:30p - 7:30p	Pool Rentals	
			Notes:		