

RAPRD Activity Center Schedule January 30 - February 4, 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-10:00am	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	
8:00-9:00am		Zumba Gold Ginny			Zumba Gold Ginny	
9:15-10:15am	Powercut Plus Julane	Cardio Combo Julane	Powercut Plus Julane	Cardio Combo Julane	PiYo Marnae	Powercut Plus Instructor rotates
10:30-4:15pm	Pee-Wee Hoops 11-11:30am	PiYo Marnae 10:30-11:30 am	Drop-In Open to all Ages	Toddler Play 12-2pm	Drop-In Open to all Ages 10:15am- 4:00pm	Drop-In Open to all Ages 8:45-2:00pm Close at 2:00pm
	Drop in Open to all ages	Toddler Play 12-2pm				
4:30-5:30pm		Latin Fitness Heather	Step	Latin Fitness Heather	Powercut Plus	
5:35-6:35pm	Kickboxing Julane	Powercut Plus	Tai Chi Pre-registration required	Step Wendy		
6:45-9:00pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop in Open to all ages 5:15pm-9pm	
	Tumbling 6:45-7:30pm Pre-reg Required	TaeKwon Do 7-8pm Pre-Registration Req	Tumbling 6:45-7:30pm Pre-reg. Required	TaeKwon Do 7-8pm Pre-Registration Req		

Edited 1/5/2012

Batting Cage is closed during TaeKwon Do, Aerobics classes, Tumbling and Toddler Time. Schedule is subject to change based on activities and needs. **Cardio/Weight Equipment open during all hours except PiYo.**
****Check out our guide for full details on all programs that require pre-registration**.**

Adult Drop In Fees: \$3.00
Youth/Toddler Drop In Fee: \$2.00
**Group Fitness/Weights Cardio: \$2.50 Drop In/
 \$25/12 Visit Punchcard or \$30 unlimited for 30 days**