

RAPRD Activity Center Schedule

February 6-11, 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-10:00am	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	Drop-In Cardio/Weight	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	
8:00-9:00am		Zumba Gold Ginny			Zumba Gold Ginny	
9:15-10:15am	PowerCut Plus Julane	Cardio Combo Julane	PowerCut Plus Julane	Cardio Combo Julane	PiYo Marnae	PowerCut Plus Instructor rotates
10:30-4:15pm	Pee Wee Hoops 11-11:30am	PiYo Marnae 10:30-11:30am	Drop-In Open to all Ages	Toddler Play 12-2pm	Drop-In Open to all Ages	Drop-In Open to all Ages close at 2pm
	Drop in open all ages 11:45-4:15pm	Toddler Play 12-2pm				
4:30-5:30pm	Latin Dance Fitness	Step	Latin Dance Fitness	Powercut Plus		
5:35-6:35pm	Kickboxing Julane	Powercut Plus	Tai Chi Pre-Registration required	Step		
6:45-9:00pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Open to all Ages 5:15pm-9:00pm	
		TaeKwon Do 7-8pm Pre-Registration Req		TaeKwon Do 7-8pm Pre-Registration Req		

Edited 1/9/12

Batting Cage is closed during TaeKwon Do, Aerobics classes, Tumbling and Toddler Time. Schedule is subject to change based on activities and needs. **Cardio/Weight Equipment open during all hours except PiYo.**
****Check out our guide for full details on all programs that require pre-registration**.**

Adult Drop In Fees: \$3.00

Youth/Toddler Drop In Fee: \$2.00

**Group Fitness/Weights Cardio: \$2.50 Drop In/
\$25/12 Visit Punchcard or \$30 unlimited for 30 days**