

## RAPRD Activity Center Schedule

Jan. 16 - 21, 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-10:00am	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight Open	Drop-In Cardio/Weight	
8:00-9:00am		Zumba Gold Ginny			Zumba Gold Ginny	
9:15-10:15am	Powercut Plus Julane	Cardio Combo Julane	Powercut Plus Julane	Cardio Combo Julane	PiYo Marnae	Powercut Plus Instructor rotates
10:30-4:15pm	Drop-In Open to all Ages	PiYo Marnae	Drop-In Open to all Ages	Toddler Play 12-2pm	Drop-In Open to all Ages	Drop-In Open to all Ages 10:30-2:00pm
		Toddler Play 12-2pm				
		Drop-In Open 2:15pm-4:15pm		Drop-In Open to all Ages	Dance Fitness 4:15-5pm BB Court Closed Pre-registration required	
4:30-5:30pm	Latin Dance Fitness	Step	Latin Dance Fitness	Powercut Plus	Drop-In Open to all Ages	
5:35-6:35pm	Kickboxing Julane	Powercut Plus	Tai Chi Pre-Registration Required	Step Wendy		
6:45-9:00pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm	Drop-In Basketball 14-Adult till 9pm		
	Tumbling 6:45-7:30pm Pre-Registration Req'd	TaeKwon Do 7-8pm Pre-Registration Req	Tumbling 6:45-7:30pm Pre-Registration Req'd	TaeKwon Do 7-8pm Pre-Registration Req		

Edited 12/12/2011

Batting Cage is closed during TaeKwon Do, Aerobics classes, Tumbling and Toddler Time. Schedule is subject to change based on activities and needs. **Cardio/Weight Equipment open during all hours except PiYo.**  
**\*\*Check out our guide for full details on all programs that require pre-registration\*\*.**

**Adult Drop In Fees: \$3.00**

**Youth/Toddler Drop In Fee: \$2.00**

**Group Fitness/Weights Cardio: \$2.50 Drop In/**

**\$25/12 Visit Punchcard or \$30 unlimited for 30 days**