POOL SCHEDULE

Jan 29 - Feb 4

Time	Monday *30-Jan*	Tuesday *31-Jan*	Wednesday *1-Feb*	Thursday *2-Feb*	Friday *3-Feb*
5:00 - 6:25a	Masters / Lap Swim	Masters / Lap Swim	Masters / Lap Swim	Masters / Lap Swim	Masters / Lap Swim
6:30 - 7:25a	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics
7:30 - 9:00a	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk
9:00 - 9:55a	Aqua Aerobics / Lap Swim	Aqua Aerobics / Lap Swim	Aqua Aerobics / Lap Swim	Aqua Aerobics / Lap Swim	Aqua Aerobics / Lap Swim
10:00-11:00a	Lap Swim/ Aqua Gold	Lap Swim/ Aqua Gold	Lap Swim/ Aqua Gold	Lap Swim/ Aqua Gold	Lap Swim/ Aqua Gold
11:00 - 12:00p	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk	Lap Swim / Therapy Walk ends at 11:50
12:00 - 2:00p	*School Programs*	*School Programs*	*School Programs*	*School Programs*	*School Programs*
2:40 - 4:00p	*HS Swimming*	*HS Swimming*	*HS Swimming*	*HS Swim Meet*	*HS Swimming*
4:00 - 5:25p	*RACE*	*RACE*	*RACE*		*RACE*
5:30 - 6:35p	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
6:40 - 7:35p	Lap Swim / Aqua	Lap Swim / Aqua	Lap Swim / Aqua	Lap Swim / Aqua	TGIF Recreation Swim
7:40- 8:40p	Recreation Swim	Juke Box Family Recreation Swim	Recreation Swim	Recreation Swim	
8:45- 9:45p	*Lagoon Swim*	*Lagoon Swim*	*Lagoon Swim*	*Lagoon Swim*	*Lagoon Swim*

Sunday Swim Schedule (Jan 29)	
9:00 - 11:00a	*Pool Rentals*
11:00a - 12:45p	Lap Swim / Water Walking
1:00 - 3:30p	Recreation Swim
3:30 - 5:30p	*Pool Rentals*
5:30- 7:30p	

Saturday Swim Schedule (Feb 4)	
8:00a - 10:00a	Lap Swim / Private Lessons
9:00a - 9:55a	Aqua Aerobics
9:00a - 11:00a	*Get Your Feet Wet*
1:00p - 3:30p	Recreation Swim
3:45p - 5:30p	Lap Swim
5:30p - 7:30p	*Autism Society*

Lap swim and Therapy walk lanes may vary depending on attendance number

Notes:

"Lagoon Pool" 8:45 - 9:45p is a time slot where there are 3 lanes for Lap Swim with the rest of the pool being open for Independent Exercise with relaxing underwater lighting.

****Please note changes to the pool schedule, highlighted in grey ****

Updated
1/26/17