

**POOL SCHEDULE
March 21-27 2010**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:00-6:30 AM	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim
6:40-7:30AM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics
7:30-8:20AM	Rusty Hinges	Rusty Hinges	Rusty Hinges	Rusty Hinges	Rusty Hinges
8:30-10:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
10:00-10:45AM	WSI Aqua Aerobics	WSI	WSI Aqua Aerobics	WSI	WSI Aqua Aerobics
10:40-11:35AM	WSI	WSI	WSI	WSI	WSI
11:35-12:35PM	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk
1:00-3:30PM	Recreation Swim/Pizza 1-3:30	Recreation Swim/Pizza 1-3:30	Recreation Swim/Pizza 1-3:30	Recreation Swim/Pizza 1-3:30	Recreation Swim/Pizza 1-3:30
3:30-5:30PM	CAC	CAC	CAC	CAC	CAC
5:45-6:15PM	CAC Lap Swim	CAC Lap Swim	CAC Lap Swim	CAC Lap Swim	CAC Lap Swim
6:20-7:10PM	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim
7:15-8:20PM	Recreation Swim	Family Swim	Recreation Swim	Water Polo	Recreation Swim
8:30-9:15PM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics
Sunday Swim Schedule			Saturday Swim Schedule		
10:00-11:00AM		Pool Rentals	8:00-10:00AM		Life Guard Class
11:00-12:45PM		Lap Swim	10:00-12:00PM		Pool Rentals
1:00-3:45PM		Rec Swim	12:00-1:00PM		Aqua Aerobics
4:00-6:00PM		Kayaking	1:00-3:45PM		Rec Swim
6:00-7:00PM		Pool Rentals	4:00-5:00PM		Lap Swim
			5:00-7:00PM		Pool Rentals

updated
02/18/09