

**POOL SCHEDULE
APRIL 4-10 2010**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:00-6:30 AM	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim	Masters/ Lap Swim
6:40-7:30AM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics
7:30-8:20AM	Rusty Hinges	Rusty Hinges	Rusty Hinges	Rusty Hinges	Rusty Hinges
8:30-10:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
9:30-10:00AM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
10:00-10:30AM		Swim Lessons		Swim Lessons	
10:00-10:45AM	Aqua Aerobics		Aqua Aerobics		Aqua Aerobics
10:40-11:35AM	School Programs	School Programs	School Programs	School Programs	
11:35-12:35PM	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk	Lap Swim/ Therapy Walk
12:30-3:30PM	School Programs	School Programs	School Programs	School Programs	Recreation Swim/Pizza 1-3:30
3:30-5:30PM	CAC Swim Team	CAC Swim Team	CAC Swim Team	CAC Swim Team	CAC Swim Team
5:45-6:15PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
6:20-7:10PM	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim	Aqua Aerobics/ Lap Swim
7:15-8:20PM	Recreation Swim	Family Swim	Recreation Swim	Water Polo	Recreation Swim
8:30-9:15PM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics
Sunday Swim Schedule			Saturday Swim Schedule		
10:00-11:00AM		Pool Rentals	10:00-12:00PM		Pool Rentals
11:00-12:45PM		Lap Swim	12:00-1:00PM		Aqua Aerobics
1:00-3:45PM		Rec Swim	1:00-3:45PM		Rec Swim
4:00-6:00PM		Kayaking	4:00-5:00PM		Lap Swim
6:00-7:00PM		Pool Rentals	5:00-7:00PM		Pool Rentals
			8:00-10:00PM		Cosmic

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updated
03/10/10